Rotary Club of Bombay Pier

PANACHE

PIERS ATTITUDE NOBILITY ACTION CHARISMA HAPPENINGS EDITION



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THE PRESIDEN

RTN KAMLESH D. SHROFF



Dear Fellow Rotarians,

May the New Year bring you peace, joy, and happiness. As we navigate through another enriching quarter at the Rotary Club of Bombay Pier, I am filled with immense pride and gratitude for the dedication and passion each of you brings to our shared mission. The highest number of members added so far , with a few more in the pipeline, is a testament to our good work and the vibrant energy of our club. Our theme, 'Unite, Innovate, and Elevate,' continues to guide us as we strive to make a meaningful impact in our community and beyond. This quarter has been a testament to the power of collaboration. From thought-provoking fireside meeting to impactful service projects, to fellowships bonded us to the next level, we have demonstrated that together we can achieve extraordinary outcomes. Our fellowship activities this quarter have been exceptional, offering opportunities to bond and grow as a club. Highlights include:

- 1. Fireside hosted by Deepak and Mridula Sanchety
- 2. An engaging talk by Jigna Vora on "The Face Behind the Scoop"
- 3. A vibrant Quawali-themed Diwali celebration
- 4. A delightful picnic at Sanjeev Jain's farmhouse
- 5. An insightful talk by Arzan Khambatta on the world of architecture and sculpture
- 6. Anupa Mehta's enlightening session on "Rewriting Personal Narratives"
- 7. A unique theatrical experience "Life of Pi" @Nmacc

On the community service front, we have made remarkable strides this quarter. Key initiatives include:

- 1. First ever CSR conclave & Awards night at the magnificent venue NSE with 32 cohosts.
- 2. Yoga sessions at Asha Kiran Home for Street Children every Saturday
- 3. IVD program at Sirsewadi Village
- 4. ECD Educational Centre at Village Chimbipada
- 5. Preventive and curative health services through MMU1 & MMU2
- 6. Swachta Pakhwada
- 7. Regular blood donation camps and the mega blood donation drive at Ganesh Galli
- 8. Setting up a science lab at Royal English School
- 9. Cervical Cancer Vaccination

- 10. Donation of oxygen concentrators
- 11. Tiffin boxes for cancer patients at Tata Memorial
- 12. Annapurna initiative for TB patients
- 13. Diwali Party Integration and Development Program at SEC
- 14. Donation of a dermatome machine to Masina Hospital
- 15. LED phototherapy units at Sion Hospital
- 16. Supporting the education of children at Dreamz Home Orphanage
- 17. Donating educational books to 300 students at Dharavi School
- 18. Anemia, thalassemia, and sickle cell detection camps
- 19. Donation of 5 printers by Preeti Singhal
- 20. Participation in Polio NID
- 21. Donating 5 hemodialysis machines to Khidmat Trust
- 22. Train-the-trainers program at Kamshet aimed at menstrual health and hygiene
- 23. Touching Little Hearts initiative, planning to perform 40-70 heart surgeries

Additionally, our CSR grants this quarter have been exceptional, supporting transformative projects:

11. <u>Barsana 2 - Bhaktivedanta Eye Hospital</u>

- Project Cost: USD 122,549

- Donor: Noopur Desai - Apar Industries

- Status: Approved

2. Vibrant Anganwadi Project

- Project Cost: USD 30,000

- Donor: Noopur Desai - Apar Industries

- Status: Approved

3. OPD at Masina Hospital

- Project Cost: USD 241,000

- Donor: Paresh Dattani - Sanathan Textiles

- Status: Planned

4. Govardhan Skill Center (GSC) Boys Hostel

- Project Cost: USD 67,000

- Donor: Rajesh Baheti - Crosseas Capital

- Status: Planned

5. SSSS (Shikshak Sanchalit Shikshan Sanstha) - Girls Hostel

Project Cost: USD 200,000Donor: Saif Qureshi - KRYFS

- Status: Planned

As we step into the new year, let us continue to unite our efforts, innovate in our approaches, and elevate our impact. Together, we can turn challenges into opportunities and dreams into realities.

Thank you for your unwavering support and dedication. Here's to another quarter of meaningful service and fellowship.



CO-HOSTED SWACHTA PAKHWADA

Co-hosted Swachta Pakhwada Musical Evening with Commitment On 2nd October our Club co-hosted Swachta Pakhwada – An awareness Campaign promoting Cleanliness and Civic Values at Mumbai Central Station. Swachh Pakhwada, part of the Swachh Bharat Abhiyan, is a two-week cleanliness drive aimed at promoting hygiene and sanitation across India. Various sectors participate with activities focused on creating a cleaner environment. A special musical evening during Swachh Pakhwada saw President Kamlesh Shroff, Rajesh Duggal, and new member Ashok Nahar in attendance. Rajesh Duggal performed Sukh ke Sab Sathi.





7 October 2024

JOINTLY HOSTED BLOOD DONATION CAMP

Our Club jointly hosted the Blood Donation Camp at Dadar Railway Station. 68 units of blood were collected and donated to Jagjivan Ram Railway Hospital Project was attended by one Rotarian.





YOGA SESSION AT ASHA KIRAN

The children practiced many sitting asans, chakki asan, paschimotasan chakki asan, lying asans, bridge pose, bhujang asan, dhanurasan, standing stretches and pranayama at P.T. Welfare Centre, Umerkhadi, Dongri. Partner Priti Shroff explained the importance and meanings of many asans.





8 October 2024

SETTING UP OF SCIENCE LAB ROYAL CITY ENGLISH HIGH SCHOOL

Our Club sponsored Science Lab Apparatus for our adopted Royal City English High School, Dharavi. Principal Vinoth thanked our Club. Beneficiaries – Several - ongoing – year on year. President Rtn Kamlesh Shroff, PE Rtn Noopur Desai, Rtn Suhit Jhaveri, Rtn Ian Pereira and Rtn Raje Barot were in attendance.





CERVICAL CANCER VACCINATION CAMP

Our club conducted a cervical cancer prevention camp at Guru Harkishen High School, Khar for 100 students at Indrajit Society, Santacruz West We also distributed 10 sanitary napkins to each student, administered Gardasil vaccine (second dose), having an efficacy of 93% with a single dose. The first dose was administered six months ago. This project was jointly conducted by Rotary Club of Bombay Pier together with Rotary Club of Chembur and IW Club of Bombay Pier. Many thanks to IPP Rtn Mayuri Bhasin for organizing the vaccines. Thank you Partner Gunita Chadha for identifying the school. Rtn Sara Unwala for sponsoring 2000 sanitary napkins. In attendance were First Lady Priti Shroff, Rtn Poonam Uttamchandani, Rtn Dr Sangeeta Agrawal and Partner Munira Kathawala. It was indeed a very successful camp.





15 October 2024

DONATION OF OXYGEN CONCENTRATOR

Hon Rtn Preeti Singhal donated an Oxygen Concentrator to the Dreamz Home for Senior Citizens and abandoned parents.



HOT TIFFIN BOXES PEDIATRIC CANCER PATIENTS

300 paediatric cancer patients were at Tata Memorial Hospital for treatment with their parents. During long waits, the children and parents were entertained in the auditorium. The doctors guide the parents on how to take care of their children. Our Club provided them with Milton hot tiffin boxes to ensure they can have warm meals during this waiting time. This will bring comfort to the children and their mothers during their difficult journey. Many thanks to the donors Rtn Suhit Jhaveri, Rtn Amit Gupta, First Lady Priti Shroff, Partner Alafiya Gabajiwala, Rtn Munaf Bandukwala and an Angel Donor for their generosity. Rtn Rajesh Duggal, Rtn Bhavna Doshi, First Lady Priti Shroff and Partner Gunita Chadha were in attendance for today's project. Beneficiaries 300 paediatric cancer patients and their parents.





19 October 2024

YOGA SESSION AT ASHA KIRAN HOME

The children practiced standing warmups chakki asan, paschimotasan butterfly asan, surya namaskar, sitting and standing stretches, mountain pose and much more. At P.T. Welfare Centre, Umerkhadi, Dongri. The Asans were facilitated by Yoga Teacher.



ANNAPOORNA FOR TB PATIENTS

Monthly Food grain and ration distribution project Foodgrains and ration kits were distributed to 10 severely affected TB patients. This project is sustainable for six months. At 2nd October Health post, shop no. 13/14, Nisarg Building, opp. Indian Cancer society, Bhoiwada, Parel Mumbai 12. Sponsored by Rtn Husain Baldiwala and attended by Rtns Husain and Munaf Bandukwala.





27 October 2024

DIWALI PARTY - PROG SEC

Integration and Inclusion program had a Diwali party on 27th October at ADAPT Skills Development Centre, Chembur. This was for the ex-students of SEC school with disabilities from the low economic sector. It started with breakfast at 10.30 am, followed by Rangoli and Talent Competition and then lunch. After lunch there was music, dancing, prize giving. It was attended by 101 persons with disabilities, their caretakers, volunteers, staff and guests. This program was sponsored by RCBP and supported by Rotaractors of SIES College and Create Foundation. Members who attended: President Rtn Kamlesh and Priti Shroff, Rtn PP Rupen Doshi, Rtn Ian Pereira, Rtn PP Manju Utamchandani and Kaajal Thadani (prospective member). From the District program of Able to Ability: AV Suresh (Rotary Club of Deonar). From Rotary Club of Deonar: Chirag Aggarwal. This program was possible with the support of Rtn PP Paresh Shah, Rtn Prakash Chawla, Ms Poonam Mehra, a well-wisher.





YOGA SESSION AT ASHA KIRAN HOME

The children practiced surya namaskar, parvat asan, butterfly chdkki asan, jumping jacks, shoulders and arms warmup exercises, paschimottasan partner yoga, chakrasan and halasan. At P.T. Welfare Centre, Umerkhadi, Dongri. The workshop was conducted by Yoga teacher in association with Prisim. Beneficiaries 43 street children.



28 October 2024

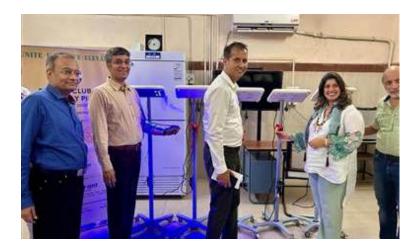
INAUGURATED DERMATOME MACHINE

We inaugurated the Dermatome Machine for Skin Bank at Masina Hospital. Dermatome is a portable, battery operated machine for skin harvesting. Masina Hospital has a Skin Bank for last four years. It is the only skin bank with Indian protocols and licenses in Mumbai. They provide skin for all patients with skin loss including burn victims, diabetic foot and trauma patients. The cost of 150 sq cm skin patch equals to 1% burn area is Rs 1,800/-, which is lower than most skin banks in India. We thank Rtn Manu Tolani, Rtn PP Rajesh Baheti, Rtn Murtaza Khorakiwala, Rtn Birendra Saraf for their generous contributions and Rtn Paresh Dattani for his super generous contribution.



INAUGURATED 5 LEDPHOTOTHERAPY UNITS

We sponsored & Inaugurated LED Phototherapy units (5 nos) for the Neonatology Department at Sion Hospital. These LED PT units are used for treatment of neonatal jaundice in babies developing high levels of bilirubin during the neonatal period. Many thanks to following donors - Rtn Manu Tolani, Rtn Bijal Doshi, Rtn Amit Gupta, Rtn Tushar Shah, Rtn Anil Vazirani, Rtn Husain Baldiwala, Rtn Sandeep J Shah, Rtn Rajesh Baheti, Rtn Noopur Desai, Rtn Paresh Dattani. Project was attended by President Rtn Kamlesh Shroff, Rtn Suhit Jhaveri, Rtn Tushar Shah, Rtn Ian Pereira, Rtn Husain & Tasneem Baldiwala. Beneficiaries 3000+





2 November 2024

YOGA SESSION AT ASHA KIRAN HOME

The children practiced Surya namaskar, standing warmup exercises of different variation which the kids enjoyed. They also did butterfly paschimotasan side stretches and forward bends, ham string stretches, mountain pose, ashwa sanchalan and in the end did pranayam too. The workshop was conducted by Yoga teacher in association with Prisim. Beneficiaries 45 street children.



PREVENTIVE&CURATIVE HEALTH SERVICES

Through MMU1



General Health OPD – 17, OPDs covered 748 patients and 12 patients were referred. 10 Special Health Education sessions were organized for community people. Number of Beneficiaries 65, number of one-to-one sessions 196 The MMU organized Dermatology camp for community on 28th Oct 2024.



Most of the community people complained of a rash with redness and a small amount of blistering on the hands and wrists, mild itching and painful fissures have formed on the fingertips, fungal infection, psoriasis, eczema, pigmentation, skin infection, pimples, etc. Sessions were held on treatment, skin protection, contact precautions and personal hygiene. 28 beneficiaries benefited from the camp.

PREVENTIVE&CURATIVE HEALTH SERVICES

Through MMU2



General Health OPD Camps – 20, Patients covered – 602 and patients referred – 7 Special Health Education sessions were organized for community people. Number of Sessions 4, Number of Beneficiaries 27 and one-to-one sessions 79 The MMU WADA organized Special Health check-up camp for community people at TILSE which included Blood Glucose Testing.



Total 27 community men & Women have benefited through this camp. On 10th October 2024, One-day Capacity Building workshop was organized to enhance the skills and knowledge of the healthcare staff of MMU Project. On 28th October 2024, a project monitoring visit was conducted to assess project progress, evaluate accomplishments, identify challenges, and determine whether project goals are being met. This visit improved project implementation and management.

IVD PROGRAM

Shirsewad Village



Community, SMC, PTA and VDC meetings were conducted. 57 members participated. Study classes were conducted in the school premises. 18 children from 1stto 4thStd are attending study classes. Children are engaged in reading skill improvement Program also education through small test exercises, workbook exercise and reading story books solving math problems. On 2nd October birth anniversary of Mahatma Gandhi was celebrated. A total of 3 members of SMC and 18 students participated.



Childrens club meetings were organized with the academic teacher Ms. Manisha Made, who provided knowledge on education. 18 children participated. Sports equipment and educational materials were distributed. health Α awareness in the campaign was organized villages to promote hygiene practices and raise awareness.18 children Hygiene participated. kits were provided to 18 school children. 40 farmers were supported for vegetable farming. Total beneficiaries 450

ECD EDUCATIONAL CENTRE

Chimbipada Village





Primary school students participated in 60 sessions through the SarvaPrathamik project model, focusing on the school-based syllabus in English, science, and math. 60 supplemental sessions in English, science, and math were conducted for students in Standard 5th to 8th. These sessions emphasized interactive and engaging approaches, helping students deepen their understanding in these core subjects. Standard 10th students benefited from 15 additional sessions in math, science, and English in October. Students in Standard 6th and 7th participated in 13 sessions on basic computer skills, building a foundation in digital literacy essential for todays digital world. In October, the Community Connect initiative conducted 18 home visits to support and engage with families, providing tailored guidance on academic and developmental progress of students.

ANNAPOORNA FOR TB PATIENTS

Monthly Food Grains and Ration Kits were distributed to 10 severely affected TB patients. This project is sustainable for six months. The new venue was BMC Health Post - Shivprasad Gruhanirman Sanstha Maryadit. Sponsored by Angel Donor. Attended by Rtns Preeti, Rekha and Munaf. Thank you Munaf, Rekha, Preeti and Angel Donor.





9 November 2024

YOGA SESSION AT ASHA KIRAN HOME

The children practiced Surya namaskar, butterfly cobra standing warm ups, chakkiasan planks, side planks, shoulder stretches. The workshop was conducted by Yoga teacher in association with Prisim. Beneficiaries 25 street children.

11 November 2024

ANNAPOORNA AT JALARAM MANDIR BHULESHWAR

Our Club served wholesome meal comprising of puris, vegetable and ladoo to around 120 poor and homeless people at Jai Jalaram Mandir Trust, Bhuleshwar. Many thanks to Angel Donor for sponsoring the Annapoorna. Beneficiaries 120 street people. Project was attended by Rtn Suhit Jhaveri and organized by Rtn Amit Gupta.





JOINTLY HOSTED BLOOD DONATION CAMP

Our Club jointly hosted the Blood Donation Camp at CSMT Railway Station. 50 units of blood were collected and donated to Nair Hospital Project was attended by Rtns Tushar Shah and Anjali Poonawala.





15 November 2024

SPONSORED EDU 3 KIDS DREAMZ HOME ORPHANAGE

Ms Shazia, daughter of Rtn PP Saif & Rauzat Qureishi, sponsored the education and well-being of three children of Dreamz Home Orphanage for the entire year with a contribution of Rs 2 lakhs. We are proud that Rotarians' children have such great values.



SPONSORED EDU OF 4 CHILDREN OF SEC SCHOOL

Our Club is sponsoring the education of Aaradhya Hiremath, Ayyan Shaikh, Aahed Shaikh and Aachal Jaisawar of Society for the Education of the Challenged (Child & Adult), Antop Hill Unit for the academic year June 2024 to May 2025. ACHAL JAISWAR - Cerebral Palsy Spastic Quadriplegia. AYYAN AYUB SHAIKH - CTEV AAHED AYUB SHAIKH - CTEV This is an ongoing project of the Club.





21 November 2024

SPONSORED EDU BOOKS 300 STUDENTS OF DHARAVI

Rtn Aditi Jain sponsored and distributed 300 educational books for children of Royal City English School at Dharavi. Beneficiaries 300 students.





23 November 2024

YOGA SESSION FOR STREET CHILDREN

The children practiced Standing warmups with walking and jumping, Surya Namaskar, Bhujangasam planks, butterfly sitting Chakkki Asan, forward stretches and much more. The kids specially liked warmup sessions. The workshop was conducted by Yoga teacher in association with Prisim.

Beneficiaries 28 street children.

ANAEMIA THALASSEMIA&SICKLE CELL DETECT CAMP

The District started camps for Anaemia, Thalasemia and Sickle Cell anaemia. Testing was done for 230 children at ZP school at Saravali Patil Pada Dahanu .The camp was was inaugurated by DG Rtn Chetan Desai. Avenue Chair Dr Nilima Inamdar and Zonal Chair Sanjay Dange and Co-chair Yashwant Korpe were present. Early detection will also help in avoiding increasing the number of children born with major Thalassemia or Sickle cell disease as we will also do a follow up counseling to these children and their family as well as teachers. About 23,000 girls and boys of schools and colleges will be tested. Our Trust sponsored 100 children beneficiaries @ Rs 160 per child being cost of CBC, Thalassemia & Sickle Cell testing including technician cost.





30 November 2024

YOGA SESSION FOR STREET CHILDREN

The children practiced Surya Namaskar, Chakki Asan, standing warm ups, bhugangasan, cycling haspadasan, butterfly and much more. The workshop was conducted by Yoga teacher in association with Prisim.

Beneficiaries 28 street children.



IVD PROGRAM

Shirsewad Village



Three communities, SMC, and PTA and VDC meetings were conducted in Shirsewadi village which focused on Children Half Yearly Exam, New education Policy, Attendance of School and Study center, Program Updates, Uniform White wash coloring. 51 members participated. Key Aspects of the Changes Facilitated: Decentralized Decision-Making, Empowerment of Local Communities, Increased Local Participation, Community Involvement, Enhanced Collaboration, Awareness campaigns and Focus Group Meetings on improving social indicators -Health and Sanitation, Education.



Study classes were conducted in the school premises. 18 children from 1st to 4th Std are attending study classes. A health awareness campaign was organized promote hygiene to practices. Informative IEC (Information, Education, and Communication) activities were conducted Shirsewadi. 10 farmers were supported in setting up vermi beds, vermiculture.

ECD EDUCATIONAL CENTRE

Chimbipada Village





Primary school students (Standards 1st to 4th) participated in 68 sessions under the Sarva Prathamik project model, focusing on the school-based syllabus in English, Science, and Math. 68 supplemental sessions in English, Science, and Math were conducted for students in Standards 5th to 8th. Standard 10th students benefited from 17 additional sessions in Math, Science, and English. Students in Standards 6th and 7th attended 17 sessions on basic computer skills, laying a strong foundation in digital literacy, which is vital in today's technology-driven world. 36 home visits were conducted in November to support and engage with families. These visits provided tailored guidance on students' academic progress and overall development. On November 14th, 2024, the Rotary Club of Bhiwandi Rural and Awesome Institute jointly celebrated Annapurna Day with the students of Z.P. School Chimbipada at the ECD Center.

BHAKTIVEDANTA EYE HOSPITAL - BARSANA 2

Corporate Donor – Apar Industries Ltd Sponsor Club: RC of Bombay Metropolitan "Bhaktivedanta Eye Hospital – Barsana 2", submitted by the Rotary Club of Bombay Metropolitan, RID 3141 has been approved by Rotary Foundation (India) {RF(I)} on 3rd December 2024. The project is being done jointly by R. C. Bombay Metropolitan and R. C. Bombay Pier. Project location – Chiksoli Village, Near Gujarati Colony, Barsana. Mathura Dist., UP The hospital will evolve as a Last Stop Solution for all Eye related problems and it will benefit not only the population of Barsana but also the patients coming from nearby places, Mathura, Agra, Rajasthan, Hariyana, Delhi and MP. We shall be funding the building and installing of a Multipurpose Hall, OPD/Counseling Rooms, CSSD Facility Creation & Equipment, OT Recovery, Meeting/Training Room, Cataract surgeries with lens implant (IOL), PHACO surgeries. 6000 beneficiaries in the 1st full year of operation





3 December 2024

ANGANWADI PROJECT NO 3 IN PALGHAR DISTRICT

This proposal aims to extend the project into the Next Phase of the Program for the existing 36 model Anganwadis - which will include imparting the next phase of training for the existing Resource Group (36 Anganwadi Sevikas + 18 Supervisors + 36 Anganwadi Helpers) to impart quality early childhood education to children attending the Anganwadis. Through this we will improve "School Readiness" of children from 36 model anganwadis making them equipped to deal with the curriculum of Grade 1, when they enter school. Improve the physical appearance of 400 newly added Anganwadis under intervention and equip them with child-friendly facilities / aids and relevant Teaching Learning Materials.



DONATION OF PRINTERS

Rtn Preeti Singhal donated five printers to each of the following beneficiaries: 1. Mr Ganesh Sathe, Society for the Education of the Challenged. 2. Mr Pramod Ghadi, SEC Day School, Agripada 3. Ms Suman Sharma, Dharavi Diary 4. Mr Manoj Kom, Ashray Akruti Foundation 5. Deeds Public Charitable Trust.











7 December 2024

YOGA SESSION FOR STREET CHILDREN

The children practiced sitting warmups and did number of stretches and asans in sitting pose like side stretches, twisting, forward bends then butterfly chakkiasan, haspadasan, then from sitting went into ashwa sanchalan mountain pose planks child pose and then bhujangasan and on back also we did many asans, bridge pose supta tadasan, leg raise ardha halasan and many more. The workshop was conducted by Yoga teacher in association with Prisim at Asha Kiran.



POLIO NID

Our Club participated in Polio NID organised by BMC from 9.0 am onwards at Shiv Prasad Coop Housing Society, Near Mukun Anna Gate, 1st floor, Room No 7A, Marwadi Wadi, Parel Village. Bivalent drops P1 and P3 were given to children upto 5 years of age. We sponsored lunch boxes, water bottles and conveyance fare for the technicians and staff. Thank you Rtn Munaf Bandukwala for singlehandedly managing this project.





8 December 2024

MEGA BLOOD DONATION DRIVE

Sunday turned out to be warm with care and compassion at its best. It was one of the best project cum fellowship program. A Sunday morning very well spent. Pierites ne ki jan seva Rakt daan hai ek uttam seva. The blood donation camp at Ganesh Gully Lalbaug was a resounding success with more than 2460 units of blood collected. Our deepest gratitude to the organizers (Lalbaug Sarvajanik Utsav Mandal), donors, and volunteers, and salutations to project coordinator, Ex Pierite, Pradeep Chaudhary for his unwavering dedication to this project. Units of blood collected will be donated to Blood Banks of eight Hospitals - Nair, Sion, JJ, JJ Mahanagar, Jaslok, KEM, SL Raheja and Wadia.





KHIDMAT TRUST DIALYSIS CENTRE INAUGURATED

Our Club participated in Polio NID organised by BMC from 9.0 am onwards at Shiv Prasad Coop Housing Society, Near Mukun Anna Gate, 1st floor, Room No 7A, Marwadi Wadi, Parel Village. Bivalent drops P1 and P3 were given to children upto 5 years of age. We sponsored lunch boxes, water bottles and conveyance fare for the technicians and staff. Thank you Rtn Munaf Bandukwala for singlehandedly managing this project.





14 December 2024

MEGA BLOOD DONATION DRIVE

International Partner Club – Rotary Club of Negombo, District 3220. GG2464986, Touching Little Hearts was approved by Rotary International on 14th December 2024. We expect to do between 40-70 Heart Surgeries under this Project at Kokilaben Dhirubhai Ambani Hospital & Research Centre. We plan to do Level – 1, Level – 1A, Level – 2, Level – 2A, Level – 3, Level – 4, Level – 5, Level – 6, Level – 7, cardiac operations and Pediatric procedures like ASD / VSD / PDA Device closures and balloon coarctation.



YOGA SESSION ASHA KIRAN FOR STREET CHILDREN

The children practiced standing warmups and stretches, jumping jacks, Surya namaskar, hamstring stretches, parvat asan, bhujangasan, butterfly bridge pose, boat pose, core exercises, tadasan and much more. The workshop was conducted by Yoga teacher in association with Prisim.



20 December 2024

ANNAPOORNA FOR TB PATIENTS

Distributed food grains and ration kits to 10 severely affected TB Patients at Parel. A very meaningful project as we see the improvement in those patients every month. This project is sustainable for six months. The Ration was sponsored by Angel Donor. Thank you for your generosity. Many thanks to Rtn Munaf Bandukwala for organizing the distribution.







MONTHLY CYCLE - TRAIN THE TRAINERS

Our Club in association with Shri Ashok Singhal Memorial Trust, Mumbai and RC of Mumbai Ghatkopar West participated in an awareness session on 20th December 2024 from 10 am to 1.30 pm under the Gramdhoot Project – Monthly Cycle – Train the Trainers. It was conducted by Project Head and Trainer Rtn Shruti Dharmshi of RC of Mumbai Ghatkopar West for 50 girls at Lakshmi Sharda Vidya Prabodhini, Kamshet, Maval, Pune. This initiative aimed to promote menstrual health and hygiene among young girl students in schools. After a brief introduction of the topic, a 20 min. video was shown to the students covering all important aspects. Rtn Shruti took up Q & A session and urged the students to answer the questions. Many thanks to Rtn Bal Agarwal for bringing this impactful project to life. Project was attended by President Rtn Kamlesh Shroff, Rtn Suhit Jhaveri and Rtn Bal Agarwal





21 December 2024

YOGA SESSION FOR STREET CHILDREN

We started with Surya Namaskar then sitting warmups, butterfly chakki asan, mountain pose, Vrikshasan and introduced warrior pose to them and also Natrajasan. The workshop was conducted by Yoga teacher in association with Prisim.



CO-HOSTED THALASSEMIA MEDICAL CAMPS

Our Club Co-hosted Thalassemia Medical Camps together with other Rotary Clubs of District 3141. Beneficiaries 344 school children of ZP Prath Kendra Shala, Kainad Budhadpada, Grampanchayat Kendra, Taluka Dahanu, Zilla Palghar. Beneficiaries 344 school children.





28 December 2024

YOGA SESSION FOR STREET CHILDREN

The children practiced sitting stretches, butterfly chakkiasan, naukasan, paschimottasan, standing warmups, hasta padasan, mountain pose, bhujangasan, parvatasan, vakrasan and much more. The workshop was conducted by Yoga teacher in association with Prisim. Beneficiaries 21 street children.





THIRD FIRESIDE MEET

The Third fireside meeting was held at Sassy Spoon, hosted by Rtn Deepak and Mridula Sanchety. PP Rajesh Baheti delivered a thought-provoking talk on "How Rotary Evolves You as a Person," emphasizing the personal growth Rotary offers. The event was attended by 55 persons, and the evening concluded with a lively karaoke session, fostering fun and fellowship among all present. Thank you Deepak & Mridula for hosting and sponsoring the fireside.





19 October 2024

FOURTH TRUSTEES MEETING FOR RY 2024-25 FOURTH BOARD MEETING FOR RY 2024-25

The Club had its Fourth Trustees and Board Meeting at the WIAA Club. It was followed by Regular Meeting and Dinner.

Present were 14 Office Bearers and Trustees and 1 Invitee





JOINT MEET WITH JIGNA VORA

Joint Meeting with RC of Mumbai Sion, Ms Jigna Vora addressed the members on Face Behind the Scoop at WIAA Club Terrace, Malabar Hill. It was a joint meeting with RC of Mumbai Sion. It was an interesting meeting and ended with dinner. Members 49, Partners 26 and Guest 1 taking total attendance to 76 Our joint meeting with RC Bombay Pier, under the capable leadership of Kamlesh, was nothing short of remarkable. As always, Kamlesh and the Rtn's. from Bombay Pier proved to be impeccable hosts, ensuring every detail was taken care of. For us Sioners, it was an experience to remember. A special mention goes to First Lady Priti Bhabhi, whose thoughtful moderation of the discussion with Ms. Jigna set the tone for what turned out to be an enriching and truly eventful evening. Thank you, Kamlesh, Priti, and the entire Bombay Pier team.





17 November 2024

PICNIC TO RTN SANJIV JAINS FARM HOUSE

27 Members and Partners went for a day picnic to the farmhouse of Rtn Sanjiv Jain, Khopoli. The fellowship included yummy breakfast, musical house with Sandeep Damania, Lunch, excellent bar and High Tea. It was a lovely memorable day with the Pier family. There was not a moment in those 6 hours when we were not being served delectable food! It was indeed a wonderful, fun and memorable picnic at their farmhouse! Rtn Sanjeev & Nita Jain, thank you for your warm hospitality and impeccable arrangements! You have been hosts par excellence. What a fun get together! Such a lovely way to spend the Sunday afternoon with the pier family. President Kamlesh and First Lady Priti one more feather in your cap!





QAWWALI DIWALI PARTY

Our Club had organised a fun and fab, rocking vibrant Qawwali Diwali Party at the Imperial Towers Coronation Banquet Halls 1 & 2. Our Club inducted two new members – Rtn Paresh Dattani and Rtn Ashok Nahar. A heartfelt thank you to everyone who attended and made the Diwali Qawwali evening a memorable one! Your enthusiastic participation truly elevated the event. The venue, food, and especially the jugalbandi were fantastic, with the talented band eventually giving way to the vibrant Qawwali women of our Club. A special shoutout to the amazing singers from our very own club, who added to the evening's magic. It was a lovely evening, highly entertaining, enjoyable, great bonding and ambience. Everyone had a super time. Congratulations to President Rtn Kamlesh & Priti Shroff and Organizing Team for putting up an awesome performance.













ARZAN KHAMBATTA WORLD OF ARCHITECTURE & SCULPTURE

We had a joint meeting with RC of Bombay Worli wherein Mr Arzan Khambatta gave his "Insights and Experiences in the World of Architecture and Sculpture" at C K Nayadu Hall, CCI. It was an insightful speaker meeting with Mr. Arzan Khambatta, who shared his valuable experience and perspectives on the world of Sculpture and Architecture. It was truly a lovely journey, filled with fascinating insights and expertise. Mr. Khambatta is one of those rare individuals who can speak effortlessly and passionately on the subject, keeping everyone captivated throughout. Our Club conferred Artistic Excellence Award on Arzan Khambatta.





21 Novmeber 2024

FIFTH TRUSTEES MEETING FOR RY 2024-25 FIFTH BOARD MEETING FOR RY 2024-25

We had the Fifth Trustees Meeting for RY 2024-25 at C K Nayadu Hall, CCI which was attended by 9 Trustees.

We had the Fifth Board Meeting for Vibrant RY 2024-25 at C K Nayadu Hall CCI. Attended by 13 Office Bearers and Directors.





ANUPA MEHTA ON REWRITING PERSONAL NARRATIVES

An Interactive Session with Narrative Therapist Anupa Mehta on "Rewriting Personal Narratives" On 5th December Ms Anupa Mehta had an interactive session on "Narrative Therapy" with our Members and Partners at the Bellissima Banquets. Narrative Therapy is valuable for anyone experiencing difficulties from life situations and conditions such as anxiety, stress, worry, fear, depression, trauma, addictions and other states of unease. She collaborates with her clients to support them in re-authoring the stories of their lives. It was an interactive and enlightening session for our members. Our Club conferred Vocational Excellence Award on Ms Anupa Mehta for her contribution to mental health.







5 December 2024

SIXTH TRUSTEES MEETING FOR RY 2024-25 SIXTH BOARD MEETING FOR RY 2024-25

We had the Sixth Trustees and Board Meeting for RY 2024-25 at Bellissima Banquets before the AGM.

AGM OF ROTARY CLUB OF BOMBAY PIER

We had the Annual General Meeting of Rotary Club of Bombay Pier at the Bellissima Banquets. We adopted the Audited Balance Sheet and Income & Expenditure Statement of the Rotary Club of Bombay Pier for the FY 2023-24. Also we approved the unaudited Balance Sheet and Income & Expenditure Account of Rotary Club of Bombay Pier for the period 1st July 2023 to 30th June 2024. We reappointed M/s R M Nanda & Co as Auditors of Club for the RY 2025-26. They shall hold office till conclusion of the next Annual General Meeting. We adopted the revised Club Bylaws. Returning Officer, Rtn PP Naresh Tejwani announced the results of the Elections for the position of Office Bearers and Directors for the RY 2025-26 and President Elect.





17 December 2024

LIFE OF PLAT NMACC

26 Members and their family members went for the Play "Life of PI" at NMACC. It was a truly delightful theatrical experience brilliantly acted and refreshingly unique. A memorable evening. Everyone enjoyed the show which was worth a watch.



ROTARACT ENTERTAINMENT DESTINATION (RED)

Rotaract biggest event, RED - Rotaract Entertainment Destination, was held and it showcased incredible talent and energy.

RC Bombay Pier Director Rupen Doshi contributed to the quiz competition as Judge while President Kamlesh Shroff, as the Special Guest of Honor, highlighted the DJ performance and Fashion Show, adding prestige to the event.

RED was a true celebration of talent, creativity, and camaraderie!







INNER WHEEL CLUB OF BOMBAY PIER











Donated 6 callipers 20 cupboards

10 motorise-wheelchairs and solar panels for a warm water bath to students of Apangshala Poona



5 Diwali parties were organised for children of BMC SCHOOL BPK school Angles-express Khalapur school, Dreamz foundation

Camp was Thallesemia

organised at sies
college where
more than 360
youth went
through
screening test





INNER WHEEL CLUB OF BOMBAY



PIER





Donated Hysterascope to cooper hospital. Instrument used in the Gynaecology department







Donated 200
nutrition kits to
Cancer paediatric
ward at TATA
hospital

Distributed 122 cycles
in Alibaug villages Nandgaon
and Borli villages
14 cycles were also
distributed at BMC school in
Kamatipura



ROTRACT CLUB OF MEDICREW

Foundations for Future

'Foundations for Futures' is an academic drive aimed at teaching underprivileged children basic concepts of math, sciences and languages to ensure a brighter future for them. Volunteering as teachers though simple is a noble contribution to society for a good education lays the foundation for a strong future. Every weekend, around 30-40 children reap benefits of this programme.

Diabeaware Camp

This initiative was in collaboration with Rotary Club of Mumbai and Downtown SeaLand. We conducted this event at an old age welfare centre where the beneficiaries were senior citizens (60+ yrs). We measured their random blood glucose level. This event helped us to identify and caution individuals who were pre-diabetic and also counsel them. The early detection of diabetes not only reduces the long term burden on the individual but also society at large. Simultaneously we had stations for measuring blood pressure and eye check up.

Survival Beats - A BLS Training Workshop

Trained in BLS as a bystander can help one prolong the survival of anyone who suffers a cardiac arrest, stroke or falls unconscious during the golden hour before the ambulance arrives and transports patient to the hospital. These instances would be very common in a population dense slum and thus equipping the high school students with the zeal to learn would certainly be impactful.

Senior Connect: Go Digital! 2.0

The major goal of Silver Connect is to close the gap on generations in technology utilization by guiding seniors through basic mobile skills from video calling to safe internet browsing. It was very successful, as seniors were speaking about the excitement they felt about feeling capable and confident with their own cell phones. They could call family members, retrieve useful information, and even hunt for any resource on the Web independently. This event brought generations closer together and empowered seniors to stay updated in an increasingly digital world.

Blood Boost: Blood Donation Drive

The Blood Donation Drive was carried out in collaboration with Triumph Blood Foundation. It was conducted at Nirmal Lifestyle Residency. Through this drive the blood bank was able to get access to the much needed donors. First time donors were made comfortable and aware of the different ways blood donation can save lives. In a nutshell the event was extremely fruitful.

MSFC

Rakt Ki Shakti

On 12th November, 2024, the Medical Students for Choice avenue in the Rotaract Club of Medicrew successfully conducted a session on one of its exclusive UNICEF projects, Rakt Ki Shakti, an iron deficiency anemia awareness camp for the pupils of Royal City School, Dharavi. A total of 15 volunteers contributed to this amazing cause by becoming a driving force in raising awareness regarding Iron Deficiency Anemia to 600+ children ranging from ages 6 to 15 years. The volunteers spoke about the importance of nutrition and a healthy balanced diet from an early age to the children.

PIS

Gleaming Hands

The event successfully educated the children on proper hand-washing techniques, contributing to their daily hygiene habits. The children demonstrated enthusiasm and attentiveness, reflecting an effective understanding of the hand hygiene process. Volunteers gained valuable experience in communicating with young children, while also developing empathy and compassion. The session was rewarding and uplifting for all involved, inspired by the children's eagerness and positive energy.

Project Samruddhi 2.0

A comprehensive health check-up was provided for residents of nearby slum areas, including optometry assessments to address vision health needs. Additionally, ECG testing was made available for individuals who required further cardiac evaluation. This initiative aimed to improve community health by offering accessible, essential health services and

enabling early detection of potential health issues. Not only did they gain practical knowledge, but they also learned empathy, responsibility, and professionalism.

PROFESSIONAL DEVELOPMENT

MEDCON 24. RC MEDICREW + GIMSOC VENUE

A collaboration event between RCMedicrew and GIMSOC (Georgia) to conduct GIMSOCs pre-conference events. The Panel discussion consisted of two speakers, Dr. Shashank and Dr Yash. They explained concepts regarding telemedicine and precision medicine: enhancing patient engagement to reduce overtreatment. The speakers were asked different questions by the moderator and they explained it very thoroughly. The list of questions as well as the answers given by the speakers covered patient engagement strategies, data utilization, technology and personalization. From this discussion, the topic was thoroughly introduced and dealt with in detail, locking the audience's attention.

IS

Health In Harmony

The Rotaract Club of Bostanci, Turkey, and Rotaract Club of Medicrew, India, collaborated on the project Harmony in Health to foster international connections and cultural understanding through the lens of health and peace. The aim was to explore how healthcare practices, traditions, and cultural values contribute to well-being and harmony in societies. This exchange helped both clubs deepen their understanding of global healthcare approaches and cultural values, creating stronger bonds and a shared commitment to promoting health and harmony across borders.

BE

Words of Integrity

In today's world, where ethical considerations in medicine and research are increasingly essential, an event that brings participants together to engage with the foundational concepts of bioethics in a fun and thought-provoking format was sorely needed. Words of Integrity, a bioethics themed crossword puzzle, was thus created to fill this gap. By solving clues that touch upon key principles and dilemmas in bioethics, participants not only test their knowledge but also reflect on the importance of ethical integrity in healthcare and science. This crossword challenge promotes learning through competition, fostering a space where participants can explore the crucial role of ethics in shaping responsible practices.





Describe yourself in a #hashtag: #awarmfriend#Musiclover

Name 5 of your fav Instagram pages. Gulzar ke gazals, Diaper to wings, Luke Coutinho, First Post, Thinkingmindspage

What does RCBP mean to you?

Like minded people

Social cause

Sense of belonging to the society

Which projects in rotary gives you most satisfaction?

Women empowerment and creating income sources for new generation.

The best fellowship you have attended in 2024? **Diwali celebration**

What's on your plate at breakfast table? **South Indian**

How do you fight.. You yell or are you the cold shoulder type?

Yell, but sort it immediately

Where would you rather be, on stage or in the audience? What does that say about you?

Both, depending on crowd

What is your "Pick Me Up" when you feeling low? **Music & kids**

What is your Go To Destination?

Marine Drive

Three things on your bucket list?

Trekking in monsoon

Camping in jungle

World Tour with soulmate



PRIYANKA AGARWAL

DOB: 23 APR

Describe yourself in a #hashtag: **#Jugad #Organiser**

Name 5 of your fav Instagram pages. CA Sarthak Ahuja, Nora Fatehi, Narendra Modi, India today, thinkwing_prakash

What does RCBP mean to you?

Service opportunities, Friendship, Entertainment,
Ethical environment, Leadership Development,
Making a difference

Which projects in rotary gives you most satisfaction?

Padeatric Heart surgery

The best fellowship you have attended in 2024? **Pier Premier League**

What's on your plate at breakfast table? **Avocado toast with coffee**

How do you fight.. You yell or are you the cold shoulder type?

Depends on the situation

Where would you rather be, on stage or in the audience? What does that say about you?

As per the requirements, but prefer audience as I am a good listener

What is your "Pick Me Up" when you feeling low? **Friends**

What is your Go To Destination? **Place with mountains**

Three things on your bucket list?

Moon

Jet

World tour



MANISH KUMAR AGARWAL

DOB: 29 OCT

Describe yourself in a #hashtag: **#Outgoing**

Name 5 of your fav Instagram pages. **None**

What does RCBP mean to you?

RCBP means fellowships meeting people and doing projects together

Which projects in rotary gives you most satisfaction?

Polio, Annapoorna, Pediatric Heart Surgeries

What's on your plate at breakfast table? **My Husband's Brains**

How do you fight.. You yell or are you the cold shoulder type?

I yell, and yell and yell

Where would you rather be, on stage or in the audience? What does that say about you? In the audience, being the loudest cheerleader

What is your "Pick Me Up" when you feeling low? **Binge on desserts**

What is your Go To Destination? **London**

Three things on your bucket list?

To go to Hawaii, Maldives, Iceland



DARSHANA VASA

DOB: 4 DEC

Describe yourself in a #hashtag: **#Jeeo aur jeene do**

Name 5 of your fav Instagram pages. **Not an insta person**

What does RCBP mean to you? **Friendship**

Which projects in rotary gives you most satisfaction? **Medical**

The best fellowship you have attended in 2024? **Diwali Party**

What's on your plate at breakfast table? **Egg**

How do you fight.. You yell or are you the cold shoulder type?

Cold shoulder type

Where would you rather be, on stage or in the audience? What does that say about you?

Audience/good listener

What is your "Pick Me Up" when you feeling low? **Meditation**

What is your Go To Destination? **Rocky's**

Three things on your bucket list?
21 Km walk
Sky diving
Losing just 5 kg



ALAFIYA GABAJIWALA

DOB: 23 DEC

Describe yourself in a #hashtag: **#maverick**

Name 5 of your fav Instagram pages.
Thetahealingbyvianna
Jamieoliver
Mewlana_jalaluddin_rumi
Ranveer brar
Sadhguru

What does RCBP mean to you?

Rocking Community of Benevolent People

Which projects in rotary gives you most satisfaction? All the projects are done with the purpose of making that positive change and bettering the lives of people and the world we all live in So for me satisfaction is when we achieve the purpose

The best fellowship you have attended in 2024? The Picnic at Sanjeev Jain's farmhouse

What's on your plate at breakfast table? **Fruits, Dryfruits and Eggs**

How do you fight.. You yell or are you the cold shoulder type?

Cold shoulder type

Where would you rather be, on stage or in the audience? What does that say about you?

On stage without a doubt

What is your "Pick Me Up" when you feeling low? **Chocolates & Icecream**

What is your Go To Destination? **Bali... its my soul destination**

Three things on your bucket list?
Flying an airplane
Making a film
Everest base camp



MURTUZA SUTARWALA

DOB: 10 AUG

